



Edition 29 - 2021

Wednesday 15 September 2021

TERM 3 2021

Fri 17 Sept LAST DAY TERM 3 - Early dismissal 2.30pm

TERM 4 2021

Mon 04 Oct		Start Term 4 - TBC (Onsite or Remote)
Sat 16 Oct	7.00pm	APS Trivia Night - TBC
Mon 01 Nov		Student Free Day - No students onsite
Tue 02 Nov		Melbourne Cup Public Holiday
Fri 17 Dec	1.30pm	LAST DAY TERM 4 - Early dismissal 1.30pm

TERM DATES - 2021

Term 3: 12 July – 17 September

Term 4: 4 October – 17 December

Approved pupil free days: MONDAY 1st NOVEMBER

NB: Please check Compass for other dates/times including excursions and incursions. All dates are subject to change

Commitment to Child Safety.

Alphington Primary School is committed to the safety and wellbeing of all children and young people.
This will be the primary focus of our care and decision-making.

Alphington Primary School has zero tolerance for child abuse.

Alphington Primary School is committed to providing a child safe environment where children and young people are safe and feel safe and their voices are heard about decisions that affect their lives.

Particular attention will be paid to the cultural safety of Aboriginal children and children from culturally and/or linguistically diverse backgrounds, as well as the safety of children with a disability.
If there are any concerns or questions regarding Child Safety procedures, please see Melissa Mackenzie.
Our Child Safe Policy and our commitment and code of conduct is available on the website.

As we conclude the last week of Term, I would like to congratulate everyone for their amazing efforts as we moved to remote learning. The staff have been amazing with their unwavering support and dedication to ensure every student has been catered for. The parents who have juggled work demands with supporting their children, often working late into the evening to cater for everyone's needs. Our amazing students need special recognition as they show great flexibility and resilience and have continued learning despite the disruptions. Fingers are crossed for a return to normality next term. As soon as I have any information, I will send it through on Compass so please keep a look out.

The reduced workforce on the building site has meant that we have to push back the move into the new Learning Centre and also our 2022 Foundation Transition Program. We'll send a letter to effected families early in the new term. Once we have moved in, we will organise some tours for parents so everyone will have the opportunity to see these amazing new spaces in action.

I hope you all take time over the next two weeks to turn off screens and enjoy some beautiful Spring weather.

Kind regards

Melissa Mackenzie

Principal

Assistant Principal Newsletter – Term 3 Week 10

Hello everyone,

Welcome to week 10! It has indeed been another challenging term with the shift to remote and flexible learning. While we acknowledge that it is far from ideal and can impact learning and wellbeing, we must also congratulate everyone for their efforts. Thank you again to families and teachers for your amazing efforts in supporting our students. As a parent of three primary aged children at home and two fulltime working parents, I know how tough it can be. So, thank you and be kind to yourself. I sincerely hope you are able to take a moment over the coming weeks for yourself.

Writing Moderation: Yesterday afternoon our teachers met in teams to moderate student writing samples. The purpose of this meeting is for teachers to come together and moderate writing against the Victorian curriculum. It is an opportunity for staff from different year levels to come together and discuss pieces of writing, identify evidence within each piece, and make judgements against the curriculum. The moderation process yesterday was about developing staff's capacity to understand what writing looks like at different levels, gaining a deeper understanding of the writing curriculum.

Each teacher is able to present a variety of writing samples which demonstrate different achievement within the writing curriculum. Through robust discussion and selecting evidence from the curriculum, teams form a consensus as to the level of writing presented. These samples can then be used to support future teaching and learning.

Pre-service teachers: At APS we continue to support the development and learning of the next generation of teachers. Like our students, trainee teachers have been significantly impacted by the events of the past two years, with their onsite placements limited. We currently have three students from Swinburne University currently on placement. Lily is a second year pre-service teacher working with Hannah in 1HP, James is a final year, ready to teach, pre-service teacher working alongside Kristen in Year 1. And Emmanuelle is also a final year pre-service teacher working with Michael in 3MC. Thank you to each of their mentors for continuing to support their growth as teachers during this remote learning period. We hope we can offer our pre-service teachers some onsite experiences in term 4.

Whole School Assembly – Friday 17 September: We are loving being able to continue to hold our whole school assembly events via WebEx each week to celebrate and acknowledge the efforts of the previous weeks. We feel these are now running very effectively and providing a great opportunity to come together. We look forward to you joining us this Friday morning for our final assembly for the term.

I wish you a safe and restful school holidays.

Shane Wilkie

Assistant Principal

Office Thanks

We would like to acknowledge our wonderful school community for the support you have given over the lockdown period. We feel blessed and overwhelmed with lovely messages, chocolates, biscuits and smiles from passers-by. We miss having you onsite and look forward to hearing your happy voices in the playground again very soon.

Have a safe school holiday period

Lauren and Liliana in the office

Book Week Thank You!

Dear families of APS,

A HUGE thank you to all the parents, carers, grandparents, and special friends that have donated books to the school library. We have received many wonderful books from Readings, local bookshops and personal collections. Our library will be full of fabulous new literature for all of the children to enjoy.

You are still welcome and encouraged to donate a book on behalf of your children. This book does not have to be from Readings. Perhaps you have a lovely local bookshop nearby or two copies of your favourite book at home on your bookshelf? We are always accepting book donations. Any questions or queries can be directed to my email:

elizabeth.ferguson2@education.vic.gov.au

Thanks again and hopefully in the holidays you will all find time for a good book!

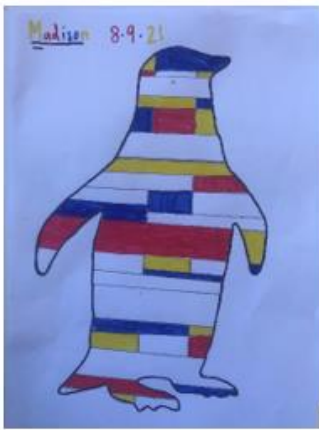
Lizzy

Visual Arts News

During Visual Arts this Term, APS students have been examining the work of contemporary artists and using their work as stimulus to create pieces of their own. Last week we examined modern abstract artist Piet Mondrian, observing how his style grew and evolved from its beginnings in Realism to his most recent work. We explored the art elements of line, shape and colour to create our own abstract art.



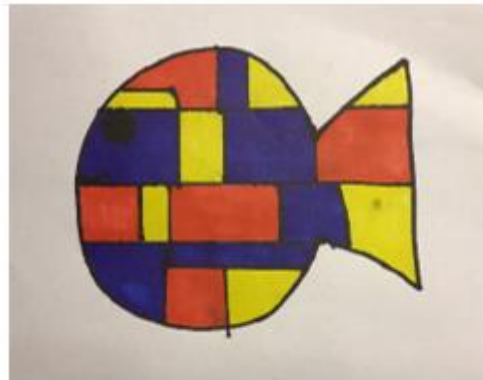
Rachel 1KW



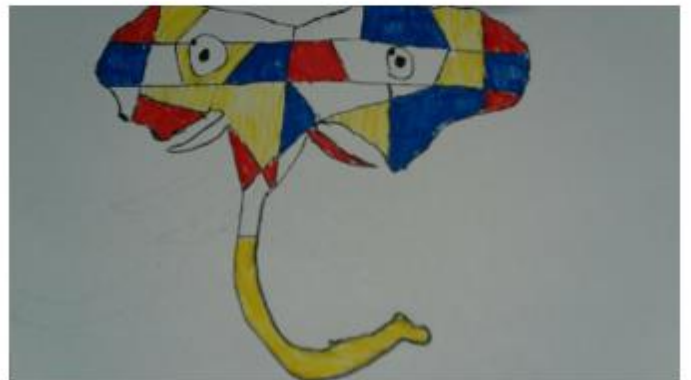
Madison 3MC



Matthew G 3KR



Sienna 3MC



Erik 4LD



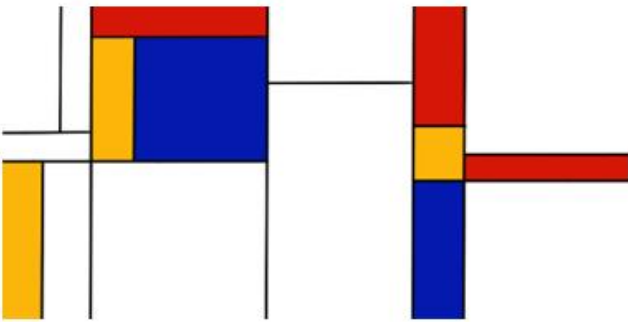
Mariana 4CS



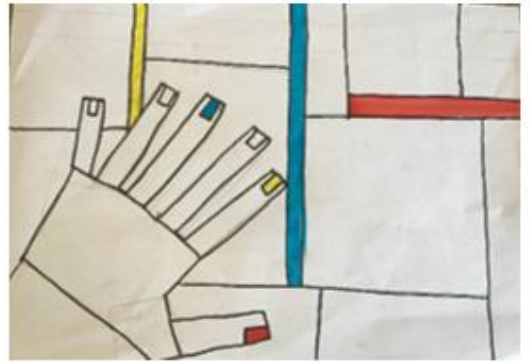
Millicent 4CS



Josephine 5WN



Orson 5JD



Olive 6JN



Mary 6GB

Keep students entertained during school holidays through Victoria's Big Build

Educational activities based around building Victoria's future transport network are available for students and teachers

A collection of educational activities and opportunities based around the [road and rail projects of Victoria's Big Build](#) are now available for students and teachers on FUSE.

Students can explore and connect with the Big Build projects in ways that will capture their imagination and creativity through science, technology, design, arts, mathematics and history. They can also explore future career opportunities in the Big Build projects.

Some of the activities on offer include:

- Minecraft Mini Melbourne — exploring a scaled model of Melbourne in Minecraft Education Edition
- Metro Tunnel Mastermind — learning about construction and tunnel boring machines through games and activities
- Regional Rail Revival — playing railway activities and games online. Suitable for primary school students.

To access the activities and resources, refer to the [Big Build FUSE page](#).

Congratulations to all those students who have received a VIP Certificate recently!

FCB	Darcy	Darcy, you have done an incredible job at remote learning. I can see you are trying your hardest, fantastic stuff!
FSL	Grace M	Grace, you have been trying your hardest with your learning this Term. I am so proud of you! Keep up the great work!
2TH	Eloise	Well done on sharing your ideas in the online classroom and being a curious learner. Keep up the great work Eloise!
2SE	April	Congratulations for the commitment you show towards your learning each day. You are a cheerful contributor who is always ready to help others. Go April!
2MT	Jessica	Jessica, you have a great positive attitude and I am so proud of how you always try your best and give everything a go. Well done!
3AG	Liam	Liam it is great to see you participating more regularly in Class Meets. We love the energy and ideas that you bring to our learning.
4BD	Evan	Evan, you demonstrated curiosity and persistence to identify a pattern during our investigation into probability. Great job!
5JP	Nathaniel	You have shown great resilience and curiosity in mastering various multiplication and division strategies.
5WN	Slade	For writing a great historical narrative and for making us laugh during remote learning.
5DJ	Adele	You have shown outstanding integrity and resilience during remote learning Adele.
	Cooper	Congratulations on another fantastic week of remote learning Cooper.

6GB	Harriet	Congratulations on your presentation of your NHS speech and your continued effort during online learning.
6JN	Violet	The effort and energy you put into presenting your speech this week is reflected across all of your learning, all of the time- you are a superstar!



The APS Lizard

Our APS Lizards are certainly getting out and about in our local community, even making a visit to Kat Theophanous, State Member for Northcote!



This morning we went past on our daily walk and noticed the cute lizards. John wanted to pass on to the kids that we live locally and we stopped to check them out. They put smiles on our faces. So a thank you to them for sharing with the community.

I wonder what your lizard will get up to in the holidays?

Email your lizard photos to alan.gallagher@education.vic.gov.au

A Sustainable Recipe Book

Hello APS community,

The year 6 action team 'The Green Team' have a task for those who want to get involved!

We would like to see less rubbish in our yards and in our community (in particular single use waste). We thought we could start by creating a recipe book for the school's families that encourage little to no packaging.

If you have a recipe you'd like to share please email it to: emma@australianenvironmentalfilms.org
(an editable document is preferred)

If you'd like your name with it please add it, or you can keep it anonymous if you wish.

What we're after in your recipe:

- lunch or snack food for school kids
- no single use plastic packaging needed for the end product
- little to no single use plastic packaging from the ingredients list where possible
- time and cost effective ideas strongly encouraged!

*attached are some examples worked on so far to give you an idea

*make sure you include a title, ingredients, method and a picture/drawing (optional)

We hope to receive lots of recipes. If you know people in the community who would like to contribute please tell them. The more the merrier.

We hope that this recipe book will be a nice way to share our delicious ideas and to help each other make more sustainable choices when shopping/cooking/eating. Every bit counts. 😊

Please send them in ASAP or by Friday 8th of October.

This will be a digital recipe book.

Thanks so much,

The Year 6 Green Team

Bliss balls

Ingredients

- 1 cup almonds *
- 1 cup dates *
- 1 tbsp cacao *
- 1 tbsp peanut butter

*ingredients can be purchased wrapper free from plastic free stores
(eg: The Hub Bulk and Bare on Station st Fairfield)

Method

1. Whiz up almonds and dates in a food processor/nutri bullet.
2. Once whizzed add cacao and peanut butter (or if you want more chocolate slightly more cacao or vice versa). Then whizz.
3. Add a splash of water and roll into balls. Don't add too much water otherwise the paste is a bit goey and harder to roll.
4. Freeze or refrigerate (pretty good straight out of the freezer!)



Savoury muffins

Ingredients

2 cups mixed vegetables grated *
1 1/2 cups plain flour
3 tsp baking powder
1 cup cheese grated
2 eggs lightly beaten
1/3 cup olive oil
1/2 cup milk

*I use sweet potato and spinach, but you can use any vegetables



Method

1. Preheat oven to 180°C.
2. Grease a 12-hole muffin pan.
3. Mix vegetables and feta with flour and baking powder
4. Whisk together the eggs, oil and milk, then add to the flour mixture.
5. Stir until just combined.
6. Spoon the mixture evenly into the muffin holes.
7. Bake for 25 minutes.



North Alphington Cricket Club

Pitcher Park, Mercil Road Alphington

Affiliated with the Parkside Sports Club



Players are welcome to play in our Senior Mens, Women's, Junior Boys & Girls, Master and Junior Blasters and Veterans teams in season 2021/22.

For further details please contact
Seniors: Richard Price 0418 534 964
Juniors: David Bell 0419 367 086
Womens: Nik Devidas 0425 831 440

or scan the QR code above that provides links for further information and player registration details.





Webinar for Parents

of 2 - 12 year olds

A webinar for parents to learn simple strategies to reduce anxiety and build resilience in your child

ENROL NOW!

NO SCAREDY CATS

This interactive webinar offers parents of 2-12 year-olds reliable and easy-to-implement strategies to help parents identify and challenge anxious behaviours and build resilience in their child.

Presented by Michael Hawton, MAPS. Held over 3 interactive webinar sessions

Thursdays 4th, 11th, 18th November 2021

From 6.30 - 8.45 PM AEST

Over 3 sessions you will learn to:

- Identify and combat your child's anxious behaviours.
- Learn simple strategies to reduce anxiety.
- Build resilience in your child for greater social and academic success.
- Improve your parenting confidence and family bonds.



Tickets on Sale

~~\$99~~ per person

\$59

"Good for learning practical aspects of parenting regarding building resilient kids - All with a neat scientific background to assist in understanding." RHEA, PARENT.

"Very practical, user-friendly evidence based information to support parents, so they can better support their children." TRACEY, SCHOOL PRINCIPAL

Join over 110,000 parents who have already participated in our courses

Recommended by child & family specialists

<https://www.parentshop.com.au/no-scaredy-cats-for-parents/>

ONE STEP AT A TIME PROGRAM: PARENT SUPPORT FOR CHILDHOOD ANXIETY

Swinburne Psychology Clinic

Parents / guardians:

Do you have a primary school aged child experiencing symptoms of anxiety?

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SWINBURNE
UNIVERSITY OF
TECHNOLOGY

Clinicians at Swinburne University have developed a program to help parents of young people ages **6-11 years** old manage childhood anxiety.

Does your child have problems with the following:

- Difficulties sleeping at night due to worries
- Fears and phobias
- Difficulty separating from you or worrying about parental safety
- Difficulties sleeping in bed on their own
- Fearful of the dark
- Scared of lifts, trains, and people
- Scared of dogs and other animals
- Excessive worry and constant reassurance seeking
- Fearful of germs and other health problems

The program is called **One Step At A Time** and involves:

- Comprehensive psychological assessment of your son / daughter's anxiety
- Seven sessions of online counselling through **video conferencing**
- Parent-focused cognitive behavioural therapy (CBT) skills to help you manage and support your child's anxiety
- Two combined parent-child sessions
- Reflective parenting strategies
- Access to a website that contains self-help materials to supplement therapy

Contact us

Referrals and enquires can be made by contacting the Swinburne Psychology Clinic on the details listed below.

Telephone: 03 9214 5528

Email: psychprojects@swin.edu.au

Cost

No fee until November 2021. \$10 per session/assessment after November 2021.

