



**SERVICING ALPHINGTON PRIMARY**  
Available on **MONDAY, WEDNESDAY, THURSDAY & FRIDAY!**  
Order **ONLINE** until 8.30am on the **DAY LUNCH IS REQUIRED**

## LUNCH ITEM ONE

### SALADS

- Greek Style Salad with Feta and Olives (V, GF)
- Pic(k)nic Box – Vegetarian (V, GF)
- Pic(k)nic Box with Ham (GF)
- Mexican Inspired Salad (V, GF)
- Quinoa, Tabouli & Tuna Salad (GF)
- Tuna Mix with Brown Rice & Quinoa Cakes (V, GF)

### SUSHI

- Teriyaki Chicken Hand Rolls (2)
- Cooked Tuna Hand Rolls (2)
- Avocado Hand Rolls (2)
- Cucumber Hand Rolls (2)
- Vegetarian Hand Rolls (2)

### BAKERY

- Cheese and Bacon Roll
- Cheese and Vegemite Scroll (w/m)
- SCROLL with Ham & Cheese
- Semi Dried Tomato and Olive ROLL
- Topped with Only Cheese Roll

### PITA PIZZAS

- Margherita Pita Pizza
- Ham and Pineapple Pita Pizza
- Fresh Tomato and Italian Herb Pita Pizza
- Spinach and Feta Pita Pizza

### SANDWICHES, ROLLS & WRAPS

- Turkey, Cranberry, Lettuce and Cheese Sandwich
- Gluten Free Ham & Cheese Sandwich (GF)
- Simple Salad Roll (V)
- Cucumber & Ham Sandwich (GF)
- Vegemite Sandwich (2)
- Mild Salami and Salad Roll
- Plain Cheese Sandwich (2)
- Roast Beef, Fruit Chutney, Cheese and Lettuce Roll
- Cheese and Salad Roll
- Wholegrain Cheese and Tomato Sandwich
- WRAP (GF) Ham and Salad
- Wholegrain Ham and Cheese Sandwich
- Chicken and Salad Roll

## LUNCH ITEM TWO/THREE

### FRESH FRUIT & VEG

- Fresh Fruit Combo
- Freshly chopped Strawberries & Grapes
- Lightly Steamed Corn wheels & Broccoli pieces
- Celery & Carrot Sticks with Sultanas
- Freshly chopped Watermelon pieces
- Chopped Carrot, Cucumber, Red & Yellow Capsicum
- Whole Fruit – Banana
- Apple pieces with Lemon Juice, Cinnamon & Brown Sugar
- Sugar Snap Peas, Beans & Cherry Tomatoes
- Cantaloupe & Watermelon pieces
- Edamame (Lightly Salted)
- Cherry Tomatoes with Tasty Cheese & Rice Crackers
- Freshly chopped Orange Segments

### YOGHURT

- Strawberry Chobani Yoghurt
- Blueberry Chobani Yoghurt
- Passionfruit Chobani Yoghurt
- Plain Chobani Yoghurt

### BAKED GOODS

- Choc Chip Cookie
- Hot Cross Bun
- Finger Bun with Sprinkles
- Hedgehog Slice
- Choc Cup Cake (GF,DF)
- Blueberry Muffin

### DIPS & CRACKERS

- Tzatziki Dip with Rice Crackers
- Avocado Dip with Rice Crackers
- Spring Onion Dip with Rice Crackers

### POPCORN/SNACKS

- Cobs Popcorn, Lightly Salted
- Cobs Popcorn Slightly Sweet, Lightly Salted
- Lightly salted Fav'va Beans
- Chickpeas with Lime & Black Pepper
- Balsamic & Sea Salt Fav'va Beans

### DRINKS

- Apple Juice
- Orange Juice
- Full Cream Milk
- Nippy's Chocolate Milk
- So Good Soy Milk

**Healthy, Interesting & Affordable Lunches Delivered to School!**

More information about Our Offering including;  
Pricing, Ingredients and Portion Size is available on the Our Menu Page at

[www.classroomcuisine.com.au](http://www.classroomcuisine.com.au)